

## WALKS AND EVENTS : APRIL TO SEPTEMBER 2011

### **SUNDAY 24 APRIL**

Alladale Estate. **OS 21 601904**

8 miles, track, linear.

**Leader:** Jimmy Melville : 01862 811476

**Meet for car share at:-** Ardgay Station 09.30

The walk starts from Glencalvie Lodge bridge at 10.00

### **SUNDAY 22 MAY**

Old Wheelhouse, Laid, Durness. **OS 09 418672**

Rough walking, climbing on good track and steep descent on rough grass.

10 miles, circular, visiting Iron Age Wheelhouse.

**Leaders:** Frank and Fran Green : 01549 402561

**Meet for car share at:-** The Mound 08.30 : Lairg 08.50

The walk starts from Durness Village Hall at 11.00

### **SUNDAY 26 JUNE**

**Walk A:** Ben Stack. 721m / 2365ft. **OS 09 297402**

Paths and rough hill.

4 miles, linear.

**Leader:** David Hannah : 01863 766061

**Walk B:** Low level walk to Lone.

**Leader:** Bruce Field : 01408 633118

**Meet for car share at:-** The Mound 08.30 : Lairg 08.50

The walks start from Achfary at 10.30

### **SUNDAY 10 JULY : Summer Special**

**Walk A:** Heights of Dochcarty. **OS 20 520610**

Paths and rough hill.

10 miles, circular.

**Leader:** David Hannah : 01863 766061

**Walk B:** Low level walk Dingwall / Strathpeffer area.

**Meet for car share at:-** Tain Co-op 09.30

The walks start at 10.30

High Tea after the walks at Red Poppy Restaurant, Strathpeffer.

*Please ring secretary at least one week in advance to book.*

### **SUNDAY 24 JULY**

**Walk A:** Kylestrome to Maldie Burn. **OS 15 218345**

8 miles, circular.

**Leader:** Mark Fraser : 01862 810958

**Walk B:** Kylestrome to Glendhu.

8 miles, linear.

**Leader:** Annette Parrott : 01549 402095

**Meet for car share at:-** The Mound 09.00 : Lairg 09.20

The walks start from Kylestrome at 10.30

Optional meal after the walks at The Kylesku Hotel.

*Please ring Annette Parrott at least one week in advance to book*

### **SUNDAY 28 AUGUST**

**Walk A:** Quinag – Sail Garbh - Spidean Coinich. 764m / 2506ft.

The walk starts from old quarry on east side of A894. **OS 15 232272**

6 miles, circular.

**Leader:** Stan Holroyd : 01408 621370

**Walk B:** Inchnadamph area.

The walk starts from the car park at Inchnadamph.

**OS 15 252216**

**Leader:** Bruce Field : 01408 633118

**Meet for car share at:-** The Mound 09.00 : Lairg 09.20

The walks start at 10.30

<p><b>Walks Planning Meeting : October to March</b> <b>Wednesday 7 September 2011 : 7.00pm</b> <b>Golspie Community Centre</b></p>
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### **SUNDAY 25 SEPTEMBER**

South Sutor, Cromarty, via Nigg Ferry. **OS 21 789676**

5 miles, circular, steep paths in places.

**Leader:** Jon Jenkins : 01862 810382

**Meet for car share at:-** Tain Co-op 09.30

Ferry cost : £6 return / Free on production of Highland Council Bus Pass

- Please contact Walk Leaders nearer the time if further details of walks are required.
- The Lairg Car Park is on Main Street, opposite Oasis Store.

**CHAIRMAN**

Bruce Field : 01408 633118  
 Tigh Dearg  
 Fountain Road  
 GOLSPIE KW10 6TH

**VICE CHAIRMAN**

Frank Green : 01549 402561  
 4 Milnclaren Way  
 LAIRG IV27 4BP

**SECRETARY**

Fiona Macdonald : 01862 810275  
 Elmbank  
 Castle Street  
 DORNOCH IV25 3SN

**TREASURER**

David Hannah : 01863 766061  
 Tigh na Cnoc  
 Ardgay Hill  
 ARDGAY IV24 3DH



The Committee members will be pleased to answer any questions regarding these walks, or on joining the Sutherland Walkers Group. Alternatively, send an e-mail to femmacdonald@btinternet.com

**IMPORTANT INFORMATION**

- Sutherland Walkers Group is pleased to welcome occasional walkers or new members to any of these walks.  
 Annual Membership (due 01 March) is £10 for adults and £2.50 for under 16's.  
 No charge is made for the initial two walks.
- For more details on each walk, please contact the relevant Leader.
- Walks may be altered (or cancelled) if weather conditions dictate.
- **ALL WALKERS ARE ADVISED TO:-**
  - Bring a packed lunch and sufficient to drink (ideally hot).
  - Have appropriate wind and waterproof clothing.
  - Wear walking boots, which are essential.
- Walkers are responsible **AT ALL TIMES** for themselves and any accompanied children they bring under 16 years of age.
- The Walk Leader's decision is final on all issues concerning their walk.  
 Any concerns about the walk must be made to the Leader in private in order to prevent any undermining of the Leader's authority.  
**Leaders will carry a First Aid Kit.**
- New Walk Leaders and ideas for future walks are always welcome.

**Programme of Walks and Events****April 2011****To****September 2011**